



Welcome to be a prestigious Volunteer in Green Asian Voice Council for becoming a part of our Green Revolution Movement



**QUALITIES OF VOLUNTEER** 

#### REGISTERED FOR A TELEPHONIC INTERVIEW We are appointing socially committed people as

AS A FIRST STEP, CALL OUR TOLL FREE NUMBER TO GET

Volunteers for doing this project with a clear scrutiny about their social attitude. Volunteers will be from all walks of life especially from freshers and youngsters who are struggling to find a job and in fact socially committed people irrespective of age, with special consideration for people who are struggling to support their families. Even retired hands will have the opportunity to fulfil their social commitment and an easy way of earning too. Our Volunteers should have a deep care and concern

and their local language. Above all they should have a real thirst to save the people, with the attitude of a soldier who is patriotic enough to stop a huge disaster for their mother You can apply for the post of a Volunteer with us by

for the nature with proficient communication skills in English

sending your detailed resume with latest photograph to areers@greenasianvoice.org.

Volunteering presents the rare occasion for you to push yourself into a cause you care deeply about, meet likeminded people and see the tangible results of your actions shaping the world for the better and thus making your life more meaningful. Volunteering could just be the next wonder drug. But just like diet and exercise, medical experts advise that only real effects can be seen if the Volunteering is done regularly and often, so choose a cause that you're passionate about. There are tons of causes that are trailblazing change

in the world with the help of Volunteers especially the air pollution factor that reduces the healthy age of people and killing millions of people every year. These are the qualities you should have or develop to become a good Volunteer with us. Integrity is an essential leadership quality for a Volunteer, which means having good manners and being genuinely appreciative of the people around you, followed by Honesty, Trustworthiness, Responsibility, Patience, Helpfulness, Graciousness, Communication, Passion, Commitment, Humility, Enthusiastic, Adaptive, Imaginative, Motivator, Team Player, Dedication, Belief, Reliability etc.





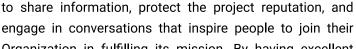
situations they find themselves in especially in the Organisation. They will be reliable in the workplace and you can count on them to do the right thing in the right situation, whether they have to make an important work decision, collaborating with their colleagues or attending to the requirements of the people, without an element of There are three acts of integrity in Volunteering which is to take responsibility for your mistakes, respect others and to really work hard. If something goes wrong, then try to get maximum help and make it the right way by not

A Volunteer can be said to have integrity when they

have strong ethical and moral principles. A Volunteer with integrity tends to behave honourably in all the different life

With the help of your Team leader , you will likely be able to work through the problem and avoid future mistakes. When you are working with a team, respect is vital. Practice strong lines of communication and healthy conflict resolution to make sure that everyone feels safe and informed.

getting afraid to speak up and talk about what went wrong.



COMMUNICATION

Organization in fulfilling its mission. By having excellent communication skills, it is his duty to make everyone happy and keep up the high energy level of their fellow companions during this humanitarian mission of finding remedies for the drastic effects of air pollution which is killing millions of people. Communication can be proactive, interactive and reactive. Ways in which your statements can be proactive is through, doing community presentations and speeches, designing flyers and leaflets, creating and sharing content through social media, supporting fundraising, community events, direct house to house meetings, office to office meetings, even over the phone and further being online too.

A Volunteer whose mandate is to do humanitarian

work need to ensure that they are most proactive in communication. The role of communication of a Volunteer is

conversations, promoting your Organization project and reputation. **PASSION** Passion for the cause they're contributing to and a willingness to learn about the work of a Volunteer with a spirit





COMMITMENT

from this experience and not just giving, and this will make them more passionate If you are not a passionate Volunteer you will have to learn volunteering skills and there is nothing bad about that. Passion in volunteering is something sacred because they do a phenomenal job by contributing to the development of society without expectation of monetary remuneration. Real passion for volunteering will develop a deep interest in interacting with others to solve problems and thus develop the sphere of influence over a period of time. Passion of volunteering will rise out of the deep

of happiness will be a key factor. We believe breathing and experiencing from the culture of local communities, and tasks at hand, Volunteers will realize that they are gaining

problems by finding a solution. He should try to collaborate with peers and develop a sphere of influence over a period of

interest in sincerely interacting with others to solve their

Volunteer psychology towards the attachment with the Organization. A good Volunteer makes a real commitment and never breaks it. They start their work on time and always finish it on given deadlines. If a Volunteer makes a determined commitment, then it helps to predict the employee satisfaction, employee engagement, distribution of leadership, job performance, job security and similar such attributes. A Volunteer becomes a real social worker when his emotional attachment peaks towards the organization and

Organizational commitment is defined as a view of a

the project which he is concentrating on because the depth of the volunteering can save millions of innocent lives in the case of doing a project like this which is fighting against air pollution. High level of active commitment, has more chances of making a Volunteer staying with the organization for a longer period. He should not only be happy but also be engaged in the Organizational activities like, participation in discussions, meetings, giving valuable inputs, suggestions

that will help the organization, proactive work ethics, etc.





**HUMILITY** professional work. It's a freedom from pride or arrogance where the quality or state of being humble should be one of the most essential qualities of a good Volunteer. A real

humble Volunteer will acknowledge that they don't have it all, and will definitely know the difference between selfconfidence and pride.

They seek to add value to others and take responsibility for their actions. They are always filled with gratitude for what they have. The humility to understand that the needs of the communities they are working with may not be what the Volunteer thinks they are and the resilience to be able to deal with climates and conditions that might not be favourable makes a humble and patient Volunteer.

A sincere Volunteer should always think that leaving an Organization would be costly after investing enough energy and feel attached to the Organization, both mentally and emotionally. A real committed Volunteer feels obligated to stay in the Organization, where they have grown so much and learned so much from rather than, switching between Organizations, adapting to more unprofessional and nonmoral behaviour.

## This is a essential quality if you want to use the

**ENTHUSIASTIC** 

volunteering opportunities that come your way. Everyone knows wisdom but only a few can follow its path. You cannot just lay in your bed and want the world to be a better place. You need to get on your feet, get hustling to start seeing the change. Enthusiastic Volunteers outwardly express energy in everything they do by attacking all activities with a sense of positive urgency and look forward to new challenges with zest and thereby every obstacle becomes an opportunity to recharge and refocus. A good enthusiastic Volunteer will be energetic, passionate, always find a reason to be happy by doing something more extra than others and in the end will always be successful. Volunteers displaying enthusiasm will have a hunger

to learn and expand their abilities to deliver the best and stay ahead of the game. Learning and growing will be one of the strongest tools they will acquire in their professional lives, with it's benefit that can cross over productively into every aspect of their lives beyond their profession as a Volunteer. An enthusiastic Volunteer in everything you do will become more memorable with superiors which helps you in progressing your career.

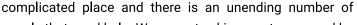
**ADAPTIVE** 





Once you are on the path of Volunteering you cannot be choosy, your goal must be to do good to the world and that cannot be a very laid back or feel good thing all the time. Adaptable Volunteers can possess elastic like energy, a willingness to bend and break habits, to challenge themselves when the circumstances change. They tend to face problems, pivot among distractions, and politely proceed forward to think ahead and consistently focus on improvement. An adaptive Volunteer is capable of being adapted and able to adjust oneself readily to different Adaptability is a soft skill that means being able to

rapidly learn new skills and behaviours in response to changing circumstances and those Volunteers demonstrating adaptability in the workplace are flexible and have the ability to respond effectively to their working conditions, even if things don't go as planned. Being able to adapt to changing environments and work processes makes you a competitive job candidate and a strong overall professional. Having adaptability skills means you are open and willing to learn new things, take on new challenges and make adjustments to suit transitions.



**IMAGINATIVE** 

people that need help. We are not asking you to race and be ambitious but you could find the most effective way to give out the best results. Imaginative Volunteers will possess four different recognised characteristics such as motivation, expertise, risk taking and social skills. One of the core attributes of imaginative Volunteers is a high degree of self motivation and also demonstrates some degree of self-satisfaction. They either feel that they

have made a difference or that they can make a difference to

more importantly creative and imaginative. The world is a

To make a larger impact you have to be smart and

the way things happen. They want to feel that they are contributing to the success of the task and are enthusiastic, attracted by the challenge and feel that they are working on something important. To be imaginative requires a willingness to try something different, to see something in a different way by being flexible enough to accommodate unconventional approaches or idea that will create confidence and happiness in the minds of the people, so as to make them change a decision that was followed for decades. **MOTIVATOR** 





# for the will to change the world into a better place, we will

always find the motivation and energy to do good deeds. A motivated Volunteer is the best kind of Volunteer, and we try to keep it that way by motivating our Volunteers with effective promotions and appreciation. First step ahead of a Volunteer is to become a Team leader, who will then impart this right motivation to their respective teams and get great results. As a Team leader in volunteering , it's the job of the latter to inspire and motivate others of your team to work to the very best of their abilities. It demands a number of qualities that encourage those around them to succeed. A Volunteer is a vital part of the Organization and it is he who communicates and spreads the message of the Organization

to the citizens of a particular country. He should give his team, vision and purpose of being here as a Volunteer, set clear goals, lead by example, encourage teamwork, be

Being motivated is one of the most important

qualities for volunteering. Since we are not doing anything for ourselves and while doing charity the human brain in us questions our motivation to act. But if we have enough love

optimistic and positive, give praise and rewards, empower team members etc. Every Organisation relies on effective teams to drive it towards success. You will have to work with people while doing any acts of kindness and charity. You will have to adjust with people keeping your individuality alive and be focussed

#### committed. A dedicated team player showcases skills like

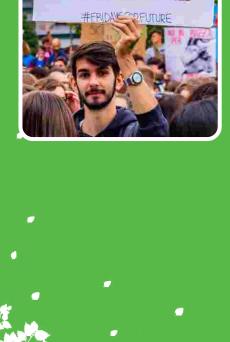
**TEAM PLAYER** 

commitment to the team and cause in all possible situations, flexibility, reliability and responsibility towards the project they are engaged in, proficient communication amongst the team both in terms of good speaking and great listening, respect and tolerance for differences and challenges ahead of them, they should also be great problem solvers and so much more as a team of versatile people. Team players who do things without any expectation of return, conditions or rewards, the latter will never turn back,

on the common goal of making the world a better place. Committed team players give their time and energy to someone or something they believe in and become more

**SEEKER** If the Volunteer is a seeker of truth then they have the wisest and most powerful quality. The more you will ponder VE ARE A GENERATION over life and see the world around, you will realize that the





etc, are some of the best qualities.

BORN TO WITNESS

THE END OF THE WORLD

most meaningful thing is to make the lives of people better and put them out of suffering and that is what our organization is concentrating on by focussing on reducing the air pollution that hurts billlions of people universally. A seeker as a Volunteer is someone who always wants to know more, to the point where their mind becomes restless. Seeking isn't just about observing and gaining knowledge, it's about exploring the whole world. Seekers are free thinkers who enjoy understanding as much as they can about their chosen interests and the wider world. I ney want to get to the big picture, not by sticking to set theories or approaches, but by letting themselves experience and play with concepts, exploring and gathering insight. They aren't prone to being stubborn but have reservations about claims of absolute certainty, especially if

it sets an approach, direction, or concept in stone. This is partly because seekers in Volunteering are generally forwardthinking and interested in how things could be improved. Volunteers perform better when they feel that, what

## they do is meaningful rather than for monetary benefits. We

**MONETARY SECONDARY** 

as a non profit Organization strongly feel that Volunteers should be heavily paid for the great work they are doing and not make use of them by capitalizing on the social commitment they have.

The vast majority of people Volunteer not for monetary reasons but many for a so called warm glow, which is for a positive feeling. Volunteers display a stronger desire to donate time and effort than to donate money. Even though this is the fact, we will be one of the very few organizations in the world where the honorarium for the Volunteers will be at its best.

A sincere Volunteer is someone who gives their time, talents, and energy to an Organization without monetary compensation. As someone who works as a Volunteer manager, the latter should see Volunteers as generous and compassionate people, because they are willing to give so much to charities and non profits, usually without receiving

tangible benefits. Of course, there are lots of intangible

benefits, like experience, feeling good about life etc.





**DEDICATION** A true dedicated Volunteer would exhibit passion and they really care about the cause they have volunteered for, which makes them excited. They are eager to help by being around like minded people that inspires their excitement. They work hard and push forward through challenges to achieve the cause's goals. Dedicated Volunteers keep promises and dont make frequent excuses. They dont shy away from responsibilities and even own up to their own mistakes, plan themselves in advance, they dream

high and are the most patient.

To become a dedicated Volunteer you should try to possess qualities like setting big and clear goals because when you challenge yourself to achieve bigger goals, you really dedicate yourself to the craft. Always make sure that every day matters and avoid battling with the plans by building a no-matter mindset. You should show up on time by getting to work and meetings on time. This shows that you have strong time management skills and that you are valuing your colleagues time. Always try to be a helpful resource by creating a positive Organization culture too. Asking smart questions and sending feedback are also the best qualities of a dedicated Volunteer.

### **BELIEF**

knowing someone or having been in close contact with those affected by the cause. Ultimately, you should Volunteer for something you believe in. There are many ways for a Volunteer to believe in themself like accepting the current situation with a positive frame of mind. Always thinking about your past success and trusting in yourself will definitely increase the confidence and belief in the work you do at present. Try to talk with yourself the way you are going to present the project to others after getting proper knowledge about the same and dont let fear stop you from going forward. No one ever became ridiculously successful without

A good Volunteer will also be empathetic upon

a strong belief in themselves. At work, if you believe in yourself, you will take on challenging projects. By engaging in bigger projects, it's easier for your employers to recognize you. Belief in oneself is also an essential characteristic of a leader. If you doubt yourself, so will others. It's a fact that a healthy level of confidence is essential to stand out in your job and advance in your career. We are prone to doubting ourselves, especially at the workplace.





work. You might have made an error that caused you to doubt your abilities. It could be that you have less experience, lack of skills, you're new, or you're just being too hard on yourself. Be never too late to start believing in yourself and boost your confidence at work. Even the most successful and confident people start off with little or low self-confidence but through their own efforts, they become more confident and braver. By believing in the project makes the Volunteers feel that they are part of the Organisation and their contribution is

There are many reasons for lack of confidence at

really valued. Belief is a key factor to give the best and also get the best ever experience as a true Volunteer. Belief in the project will automatically force the Volunteers to give their valuable time, skills, knowledge and experience to make the project a great success. They will make their tasks more quickly by doing as much as possible and always strive to be in the first place

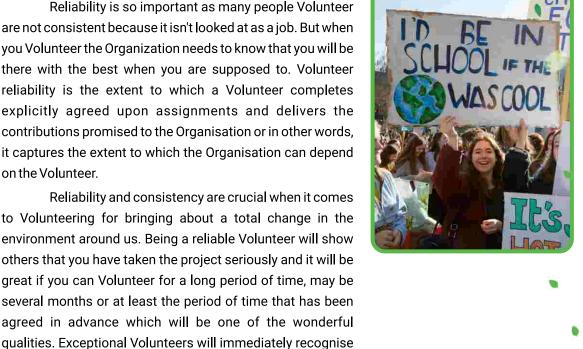
with regard to maximum contributions for strengthening the project in all possible ways. The more the belief in the project, the more will be the depth of work to get better results. Volunteers like any of us, will feel better about their work and their positive contributions appreciated on a daily basis as the belief of the project gets stronger and stronger.



**RELIABILITY** 

you Volunteer the Organization needs to know that you will be there with the best when you are supposed to. Volunteer reliability is the extent to which a Volunteer completes explicitly agreed upon assignments and delivers the contributions promised to the Organisation or in other words, it captures the extent to which the Organisation can depend on the Volunteer. Reliability and consistency are crucial when it comes to Volunteering for bringing about a total change in the environment around us. Being a reliable Volunteer will show

others that you have taken the project seriously and it will be great if you can Volunteer for a long period of time, may be several months or at least the period of time that has been agreed in advance which will be one of the wonderful qualities. Exceptional Volunteers will immediately recognise the importance of reliability and trust. They will make a concerted effort to show up when they're meant to and they'll be on time. Basically, you'll never question the commitment of a reliable Volunteer and about their positive role. **FLEXIBLE NATURE** 





# completely which has been in great demand for decades

without any change and in fact always increasing. We can't always predict when changes are going to happen, much less prepare for them. That's why flexibility is so important. When a Volunteer is flexible, they typically are also versatile, resilient, and responsive to changes, while keeping calm and making sound decisions without unruly outbursts. Flexible Volunteers understand and manage

A perfect Volunteer should always be flexible in his

attitude as well as activities which helps him to cope up with any unexpected situations or hurdles that may arise while doing the most delicate project of reducing the use of oil

Flexible volunteering really should be about the ability to help out by offering your services as a Volunteer as and when it suits you with no regular pattern of commitments or a minimum stipulated number of hours in a week. Flexible volunteering initiatives will be to increase the number of Volunteers on their books by offering alternative ways in which they can Volunteer their services at a time to suit them.

situations by looking at them from different perspectives.

No matter what you are Volunteering for, you should always end up with the smile on everyone's face, including yourself. When you flash a genuine smile, it's an open invitation to say that you're friendly and willing to interact with

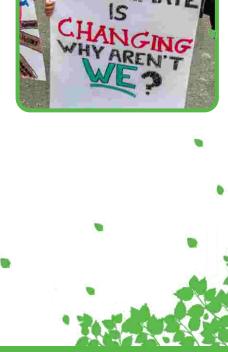
#### that you're worthy of another person's time and attention. Smiling is an innate part of being human where it has been

**SMILE** 

consistently linked to a person's attractiveness. A smiling face tells people that you're an outgoing and intelligent Volunteer. Volunteers with a smile will be more energetic because it is good for your health in a number of ways. It can reduce stress, help heart health, lower blood pressure, and boost your immune system by decreasing cortisol in the body. A simple smile, genuine or even forced, prompts the brain to produce endorphins and serotonin, causing positive emotions. The smile of a volounteer is critical for people's perceptions and a warm, genuine smile communicates feelings that words alone cannot convey. A great, confident

others. You're also perceived as more trustworthy and agreeable. A true smile shows you're willing to cooperate and

smile radiates warmth and allows people to feel at ease and makes a great first impression. A smile transmits confidence and professionalism for a Volunteer. When you project a positive vibe, people assume you're friendlier and have better leadership skills. A smile can show so much, and the meaning of a smile may





change depending on the social setting. Smiles bring benefits, and humans smile more depending on whom they're talking to, and their smile may even predict their future. So smile is one of the most essential qualities of a good Volunteer and his smile makes a lot of difference to whom the people he meets and for also good for him to forget his own problems too. A Volunteer with a genuine smile drives the fact that you don't just talk or smile about your desire but instead you actually put it into action, with an element of extra energy and enthusiasm. Smiling while Volunteering enables us to experience the beauty of humanity and gives us a pleasant reason to live happily. It actually gives you a chance to open your doors for expanding your horizons, to achieve your goals

and thereby build your career path with a positive frame of mind by distributing the happiness in you with the genuine smile you produce. Smile can hide your personal problems in reaching your people whom you interact and thus make you

the most perfect volunteer.

## SELF SATISFACTION

There are many qualities of a Volunteer but the biggest of them will be self satisfaction because it automatically generates the needs of the latter as well the society, nature and the universe as a whole. Small acts done together with utmost satisfaction by millions will surely transform the whole world. Self satisfaction or Job satisfaction is defined as the level of contentment, that the employees feel with their job which goes beyond their daily duties to cover satisfaction with team members, managers, satisfaction with organizational policies, and the impact of

their job on employees personal lives. Self satisfaction increases when Volunteers have a good relationship with their peers and managers, when the work is stimulating and where their work style and personality fits in with the company culture. Self satisfaction of Volunteers depend on appreciation of their work, good relationship with colleagues and superiors, financial stability of the organization, job security, attractive honaraerium, opportunities for more learning and career development, good work life balance, working environment, fair policies

and practice, Volunteer caring Organization, quick promotion

of Volunteers etc.





**NEED OF THE HOUR** 

Volunteering is the need of the hour where there is a very minute percentage of people who are thinking for the society as a whole. All that a general person does is think about the different ways of earning. We have selfishly taken away from the society and nature. Climate change, air pollution, global warming, natural cleanliness, peace and harmony within the society, animal care, afforestation, elderly care is not of importance to us anymore

It is about time that we start paying back to society before it turns into being a bunch of people working like robots, without any feelings and surviving on borrowed air. So in the middle of busy schedules of people and without hindering their strict personal activities, Volunteers will definitely make a lot of difference by doing something fruitful for the nature that can give clean air to breathe which benefits each and every citizen of a particular country.

The volunteerism management structure needs to work towards cultivating empathy, motivating action, driving ownership, and generating pride for the desired change.



#### As a citizen of this country we have many duties at

TRUE CITIZEN

our end as many we have rights. We are responsible for the future and nature of our country and therefore it is our responsibility to leave this place in good shape. Apart from leaving behind a good place for our descendants, it is our duty to teach them the same because it is said that children learn by watching their elders. Therefore it becomes our social responsibility to train our future generations for being complacent towards such matters and our Volunteers will be keen in doing that. Volunteering helps to be a real true citizen even at the

moment when they make a brave decision that my first job or

the start of my career will be as a Volunteer in a charitable Organisation for a specific period of time which he feels comfortable with . Volunteering can serve as a great catalyst for connection for when you're in a new environment and looking for a community, or whether you're simply looking for more intimate local friendships. Physical well-being by helping others leads to increased social integration which allows people to lead more active lifestyles. Volunteering can also give the Volunteers a deep sense of happiness, both immediately and long term.



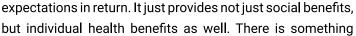


**FRESHER** 

experience. As everyone knows, practical learning is always better than theoretical learning. So if one Volunteers at any Organisation, he gains an experience of a lifetime also. If one looks from a job point of view, serving as a Volunteer in any Organisation adds shining colours to the resumes especially with international non profit Organization like us. Moreover if you take a decision that your first job after your studies will be as a Volunteer in any of the non profit Organizations in the world then you will automatically be blessed by the gifts of nature and the struggling millions who are eagerly waiting for a sincere contribution from the project which you are concentrating on. There's no age limit when it comes to volunteering, and it can do wonders for teens looking to build better social

Volunteering at a young age brings first hand

skills and are more likely to engage with volunteering if they sign up with a friend. An isolated or 'hard to reach' teens are more receptive to volunteering if they take part in informal tasks where they can form relationships with staff workers, helping run activities, work of reducing air pollution etc. In cases like these, volunteering can help boost a young person's confidence and open up new friendship circles.



**BENEFITS THE VOLUNTEER** 

gratifying about Volunteering only, if the intentions are altruistic. One of the great ironies of life is that, one who serves almost always benefits more than he or she who is served. Its because the Volunteer is always rewarded for the activities

Volunteering is basically giving your time without any

he is doing when the public has no other option to receive a minimum of help from anywhere except some false promises at the time of elections. By gaining experience in tackling new challenges, the latter will be more confident when faced with challenges in Organisation. Many studies have found that when you make a decision to be a Volunteer in any Organization, it will make a

difference in you. Volunteering to help others might be more beneficial to the Volunteer than doing something to benefit yourself. The benefits of volunteering will compel you to continue finding the time and ways to help out others in need. Volunteering makes you feel that you have more time and it's like a person who donates for charity feeling wealthier. **ENJOYMENT** You will have a richer and more enjoyable





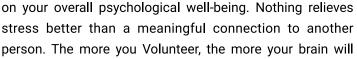
#### situation while experiencing genuine volunteering and also reduce stress levels. Volunteering also improves the mood

and self esteem which naturally brings joy to the Volunteers. volunteering experience if you first take some time to identify your goals and interests. Think about the reason which is tempting or prompting you to become a Volunteer and closely analyse that what you really enjoy doing matches both your goals and your interests which should be most likely to be fun and fulfilling. The best Volunteer experiences benefit both the Volunteer and the Organization. The real fact

is that a genuine Volunteer will always feel that volunteering is a fun and easy way to explore your interests and passions

volunteering experience if you first take some time to identify your goals and interests. The opportunities that match your goals and your interests are most likely to be fun and fulfilling. Normally you get a much healthier mentally and physical

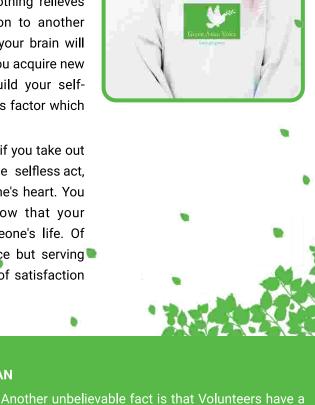
which makes you the most enjoyable person. Doing Volunteer work you find meaningful, interesting, relaxing and energising escape from your day to day routine of work, school or family commitments. Volunteering reduces anxiety and combats depression. It seems to help people counteract the effects of stress, anger, anxiety and depression amongst Volunteers and makes them happy. Some Volunteers recover quicker, sleep better and have healthier immune systems when



STRESS RELIEF

person. The more you Volunteer, the more your brain will develop and grow. And when that happens, you acquire new skills, develop unique experiences, and build your selfconfidence which naturally reduces the stress factor which most of the non Volunteers are suffering with. Volunteering is a great stress buster if you take out time from your busy schedule to perform some selfless act, which brings a sense of happiness within one's heart. You feel elated and your heart smiles to know that your contribution would bring a change in someone's life. Of course money is a vital matter for existence but serving without that feeling gives a different mood of satisfaction that no other materialistic thing can match. **LIFESPAN** 

compared to non Volunteers. The social contact aspect of helping and working with others can have a profound effect





likely to enjoy a longer life than those who don't Volunteer. Volunteers with heart problems may have reduced chest pain as well as lower cholesterol levels when compared to non Volunteers. This factor may have many criticisms but the reality is that nature will give extra care, concern and protection to those saving nature by dedicating their life for the same. Moreover the blessings of the millions who will be saved from the drastic effects of air pollution will be an added advantage to support the claim of increase in life span of

higher average lifespan than their peers who do not Volunteer. Volunteers have lower levels of depression, increased life satisfaction and enhanced well being. The most important benefit of Volunteering is that they are more

Volunteers have better personal scores than non Volunteers where there will be emotional well being including personal independence, capacity for rich interpersonal relationships and overall satisfaction with life. Volunteer work even help to manage chronic illness by keeping people active and taking their minds off their own problems.



volunteering.

**LONELINESS** 

strengthens your community along with your social network. You make connections with the people you are helping and you cultivate friendships with many in the society because they need you very badly and also makes friends with other Volunteers thus warding off the factor of loneliness. In fact, recent medical journals say loneliness is on par with smoking and obesity because it increases the risk of heart disease, blood pressure and stress on the body. With its effects now being linked to smoking 15 cigarettes a day, medical professionals have woken to the physical threat that loneliness can have. If you've been on furlough for a few months, the social interaction may be beneficial for your mental health. By

Volunteering connects you to others and naturally

surrounding yourself with people who share your passion and enthusiasm for a cause, you're allowing yourself the opportunity to build those lasting connections which removes your loneliness. It would be naïve to think that loneliness only affects an aged population but the reality is much more within the younger ages and the solution is





**MEANINGFUL LIFE** 

Volunteering presents the rare occasion for you to throw yourself into a cause you care deeply about, meet likeminded people and see the tangible results of your actions shaping the world for the better and thus making your life more meaningful. Volunteering makes a sense of purpose and fulfilment by working towards a particular goal which saves the lives of many and this most valuable contribution to the society will naturally increase the sense of purpose in life which makes it really meaningful. Volunteering helps counteract the effects of stress, anger, and anxiety. The social contact aspect of helping others can have a profound

effect on your overall psychological well-being.

Nothing relieves stress better than a meaningful connection to another person. Volunteering can provide a healthy boost to your self-confidence, self-esteem, and life satisfaction. You are doing good for others and the straggling community, which provides a natural sense of accomplishment. Your role as a Volunteer can also give you a sense of pride and identity which makes life more and more meaningful. Helping others improves social interaction, distracts people from their own problems, improves selfesteem and competence.



from people whom we did not know earlier which is a wonderful feeling. It gives a sense of value and happiness than no other work can give. For other jobs the boss and his family is the real beneficiary and we will be dedicating the most valuable part of our life for them but as a Volunteer you are benefiting plenty of people, society and nature. As a Volunteer appreciation you get from the people

What makes volunteering so great is the love we get

will give a sense of purpose in life. Volunteering done out of love and care for others or if you start doing something you love, then you will automatically become one of the happiest people on Earth. Love is not a skill to develop and so are volunteering skills, even though not everyone is born with innate volunteering qualities. Love is what you give for others and not take from them and we do that. The challenge for the Organisation is to provide an

environment that allows for each of its Volunteers to see their role as something important and that their participation is critical. It is equally important to provide a recognition system that matches the motivating factors and become a real professional Volunteer to excel in any part of the world.





**VOLUNTEER TO TEAM LEADER** 

**GLOBAL OPPORTUNITIES** 

Organisation like us which is aiming to solve the universal problem of air pollution can open up opportunities for you to go abroad, as many Organisations and programs put on voluntourism trips across the globe. Air pollution is an universal disaster affecting each and every human being and even the planet as a whole. Awareness about this disaster and the concerned activities of our Organisation to reduce air pollution has to be concentrated in all countries, either with the association of other charitable Organisations operating with the same cause in that particular country or opening our new branches in countries where similar suitable Organisations are not in place. Rise in sea level due to global warming is affecting everywhere, as the sea level is same everywhere whether it's

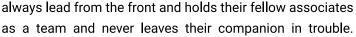
While Volunteering with an international non-profit

in India or the United States and the adverse effect of rising sea level is a global warning which has to be considered with utmost priority. So from the beginning itself our Volunteers will be trained thoroughly for being capable enough to spread this message of global disaster arising out of air pollution in any country across the globe.

Organisation. As a Team leader in Volunteering, it's your job to inspire and motivate the others in your team for working to the very best of their abilities and demands a number of qualities that encourage those around them to succeed. Increasing your leadership quality will make you a totally different person in the Organization where you can be easily promoted further within a short span of time to lead further responsible roles with maximum facilities. **LEADERSHIP** The first quality which makes a good Team leader in volunteering is the strong leadership skills. A Team leader

The first promotion of a Volunteer will be as Team

leader which can happen any time after the first three months of probation which is at the sole discretion of the



as a team and never leaves their companion in trouble. Leaders shape our nations, communities, and Organizations. We need good leaders to help guide us and make the essential large-scale decisions that keep the world moving. Consistently, they should possess leadership qualities like integrity, ability to delegate, communication, self awareness, gratitude, learning ability, influence, courage and respect. Leaders often face extraordinary challenges, both at a personal and Organisational level. They work long hours with limited resources in uncertain, volatile, political and





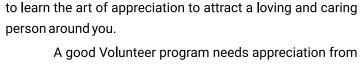
Real leadership skills include planning projects, managing time, motivating individuals, giving feedback and building teams which are more important than experience or college education in defining successful leadership qualities of a Team leader in Volunteering. Working side by side with other Volunteers from very diverse backgrounds and the ability to interact with others is important to advancement. A Team leader should not only handle different Volunteers but

also face different tense situations by learning the value of diversity, strong communication, mutual respect, shared planning, cooperation and working towards common goals.

economic circumstances to help the most marginalised and disadvantaged members of their communities. So leadership is one of the vital essentials for boosting the

projects of the Organization.

A Team leader will have more opportunities to interact with people at multiple levels of an Organisation. You may be on a committee with people from all levels of the Organisation including the different leaders of the Organisation to a new Volunteer of the Organisation.



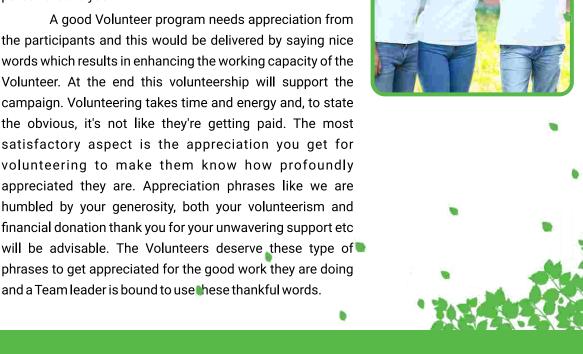
APPRECIATION

the participants and this would be delivered by saying nice words which results in enhancing the working capacity of the Volunteer. At the end this volunteership will support the campaign. Volunteering takes time and energy and, to state the obvious, it's not like they're getting paid. The most satisfactory aspect is the appreciation you get for volunteering to make them know how profoundly appreciated they are. Appreciation phrases like we are humbled by your generosity, both your volunteerism and

A word of small appreciation uplifts the mood of

people who are being appreciated, and at the same time, it makes the person who appreciates feels a sense of generosity and satisfaction. By genuinely appreciating a person, you provide them with a sense of value for them, and they will reciprocate the same. So it is of utmost importance

will be advisable. The Volunteers deserve these type of phrases to get appreciated for the good work they are doing and a Team leader is bound to use these thankful words. **USE OF APPRECIATION PHRASES** Here are a few simple phrases that are mixed and matched for all the positive deeds of the Volunteer... thanks for all you do, we couldn't get along without you, your team makes our dream work, all of your Volunteer work is greatly appreciated, we are so grateful for your hard work, thank you





**LEAD BY EXAMPLE** 

for your time and patience. we love our Volunteers, your help was so important to our project, we owe it to your hard work and dedication, thank you for volunteering your time and expertise, thank you Volunteers for your amazing generosity and dedication, this project couldn't have been as successful with your involvement, thank you so much for volunteering. Some appreciations will definitely be a morale booster for Volunteers like Volunteers are special, we appreciate you and everything you do, words cannot express how grateful I am for your willingness to Volunteer, your generosity means the world to the people we serve, your

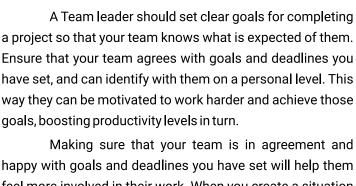
dedication as a Volunteer is an inspiration to others seeking to serve, with deepest gratitude for your commitment to serve, I thank you on behalf of the organization and the people

we serve, your generosity is seemingly endless.

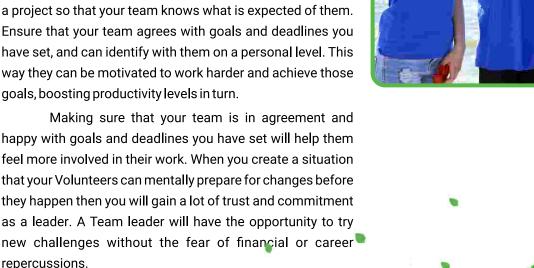
One of the most powerful motivation you can use is

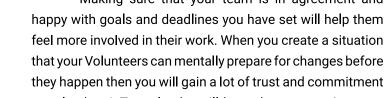
to lead by example. Working hard, showing professional integrity, and having a can do attitude are all qualities that will have a positive effect on your team. If your team recognises that you value the time and effort they put into their work, and you demonstrate the same actions and values you expect from them, it will inspire them to do the same.

Ensure that your team agrees with goals and deadlines you have set, and can identify with them on a personal level. This way they can be motivated to work harder and achieve those goals, boosting productivity levels in turn. happy with goals and deadlines you have set will help them feel more involved in their work. When you create a situation that your Volunteers can mentally prepare for changes before









repercussions.



#### **ENCOURAGE TEAMWORK**

A Team leader should encourage members to work together as a team by stressing the importance of the project and the connection between teamwork and achieving group goals. Note the fact that when people work together, work is much easier and quicker to do. You can further motivate your team by linking performance with team goals. Encouraging teamwork will help individual team members feel less isolated and separate from the workplace. Volunteers will feel more engaged by being a part of a big community, inspiring to work harder and enjoy what they do.

#### **BE OPTIMISTIC AND POSITIVE**

Having a positive attitude and an optimistic outlook, even when times are tough, can inspire your team members to adopt the same attitude and outlook and continue to work hard. Remaining positive will show your team that it's not the end of the world if things are going wrong, and keep them focused on the greater picture. You can also help motivate your team by reacting positively to goal or project completion, and to the skills and abilities that each member brings to the team. Make them feel valued and appreciated, and your team will work harder.

#### your team to work harder. When you praise one Volunteer in

**GIVE PRAISE AND REWARDS** 

front of others, it encourages them to work harder or perform better, simultaneously motivating the others to work hard in order to be praised. When a reward is linked to performance, people will work even harder and be more committed to their task in order to win the reward. **GOOD COMMUNICATION WITH TEAM** You should be available at all times so that your team

This is one of the best ways to inspire and motivate

#### members can ask you questions about a project, get your

opinion, offer ideas, and give feedback. Being available for your team plays a key role in motivating them, as it shows that you value the project and their feedback. Making yourself more available also avoids your team members feeling isolated and separated from management. Ensuring you're always available for your team

can boost productivity and improve the quality of your work. Great Team leaders ask questions for clarity and understanding and contribute where they can. Collaboration

is essential to the success of a team.

**TRANSPARENCY** 

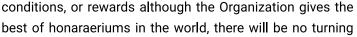


# VOLUNTEER

leader actively work to keep other team members informed. No one likes to be blind-sided. When team members share information and everyone is on the same page, it could be the difference between the success and failure of a project. Team members who are informed are more likely to trust you, stay engaged, and are more motivated to reciprocate. A vital part of keeping Volunteers feeling passionate and dedicated is communicating with them regularly and respectfully. Nothing beats meeting face to face, whether it's a one to one conversation to understand more about the project. If you don't have the resources to meet all your Volunteers, try to personalise your communications as much as possible. You are only a Team leader if you respectfully consider the viewpoints and ideas of other people as well.

Transparency is key on a team, and good Team

Active listening is harder than you think. When you hear someone saying something you don't agree with, listen to understand, not answer. Consider what they're saying and more importantly, why they believe. Simply doing your work isn't always enough. It's a good thing to get involved and be proactive, as long as you aren't bothering people with questions to which you should know the answer.



**LEADERSHIP COMMITMENT** 

best of honaraeriums in the world, there will be no turning back and whatever the outcome, they support it 100%. A full commitment is needed to the project by working as hard as possible to accomplish your aim with the best possible outcome. By focusing more and giving special care to others around you will help to eliminate differences of opinion too.

Both the Leadership commitment and Volunteer

Committed Team leaders give their time and energy

to someone or something they believe in. However, genuine commitment is much more than that. Team leaders who are genuinely committed do so without any expectation of return,

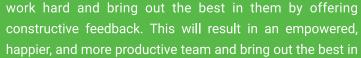
committed to their work, it will require commitment from you to believe in and communicate the Organisations direction and purpose. It means paying attention to how your volunteers unique abilities and personalities align with organisation values and culture and showing them that their value is more red an a prize tag . Committed team leaders will highly regard each volunteers intrinsic worth.

Commitment go hand in hand. If you Volunteers who are

A reliable team leader will be more motivated and committed when they know where they stand on







motivate them for completing the work.

**RELIABLE AND RESPONSIBLE** 

them by offering constructive feedback. An excellent Team leader completes tasks in order of priority, not necessarily in order that they're given. When they aren't sure of what should take priority, they ask their manager. As a reliable and responsible Team leader, you will be able to manage your time effectively, be prepared for

meetings, and be trusted to work on your own without constant supervision. Your teammates who are the Volunteers will feel like they can rely on you for help and

performance. When you give team members the power or authority to do something with complete control, this helps to

You can also keep motivating your team members to

support whenever needed. To be a Team leader who inspires responsible make it a habit to give praise when the praise is due and not any time after that.

Your teammates will appreciate your skills, which

know. Respect and leadership go hand in hand as a fundamental principle to lead. First of all, to lead others, you first have to earn their respect. Great leadership creates a climate of respect, an environment that sets high standards and supports everyone in doing their best. A respectful environment reduces workplace stress, problems, and conflicts.

Respect helps to promote a positive culture, which increases employee satisfaction as employees feel happy

Respect is something that carries a lot of power. It has the power to bring people together or tear them apart. The qualities above are essential in making you an effective Team leader. By developing your leadership skills, you'll see your team's performance, productivity, and morale improve significantly. In turn, this can lead you and the organization towards greater success in removing air pollution to a very

great extent and thereby save the millions of lives lost due to

**VOLUNTEER APPLICATION** 

air pollution.

You can apply for the post of a Volunteer by sending your resume to careers@greenasianvoice.org. You will be receiving an initial telephonic interview followed by a online group discussion. You can opt for a part time or full time Volunteer and a monthly six figure honorarium can easily be possible even for a sincere part time Volunteer and that too by doing work from home after the training period.

•All the very best.

